Canastota Central School District families, staff, and students,

We understand that recent events in Canastota regarding the Coronavirus (COVID-19) have many people in the community concerned. Please rest assured we are doing everything we can to protect the community as a whole. The Canastota Central School District is working in conjunction with the Madison County Health Department to make sure that our community and our students know how to protect themselves and be healthy.

The Health Department has conducted an investigation with the staff member who tested positive and has contacted everyone who may have been close contact with them about possible exposure and the need to self-quarantine. Quarantine is for individuals who have come into close contact with a positive person but are not displaying symptoms of COVID-19 (fever, cough, shortness of breath).

Please keep in mind that COVID-19 is transmitted through close personal contact (within 6 feet). It is through contact investigations that the Health Department can identify those that were in close contact, and ensure that they are quarantined in order to reduce the spread of the disease.

The Health Department has consulted with the school district regarding food service. Breakfast and Lunch meals will continue to be delivered and will be available for pickup. The school district employee who tested positive for COVID-19 was not in the cafeterias and did not play a role in preparing any meals for students.

The Health Department would like to remind residents to practice social distancing and good hygiene. Those are our only defenses against this virus. Do not go out in public unless you have to. Remember, you can get it, and you can transmit it. The best defense is limiting the amount of people you are exposed to, if not for yourself then for others. Avoid visits with friends and family, do not hold meetings of any kind unless virtual. Keep six feet of distance from others in public and cancel unnecessary travel plans.

If you are sick or feeling mildly ill, please stay home and monitor your symptoms. Call your primary healthcare provider if you have any questions. If you do not have a healthcare provider, please call the Upstate University Hospital Triage Line at 315-464-3979. Please do not go directly to the Emergency Room or your health care provider without calling ahead. If you develop emergency warning signs (e.g. difficult breathing, persistent chest pain or pressure, new confusion or inability to arouse, bluish lips or face), call 911 and get medical attention immediately.

Stay informed.

For more information about the novel Coronavirus, visit Madison County at https://www.madisoncounty.ny.gov/2479/Coronavirus-COVID-19, call the New York State Coronavirus Hotline 1-888-364-3065, and visit CDC at https://www.cdc.gov/coronavirus/2019-ncov/index.html.

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Madison County Director of Public Health